



Embrace The Chaos

MOVING FORWARD IN CHANGE & UNCERTAINTY



Help Colleagues:

- ✔ Regulate anxiety and emotions
- ✔ Feel better about dealing with uncertainty
- ✔ Mindfulness and breathing techniques to cope
- ✔ Boosting engagement working remotely
- ✔ Tools to calmly move forward through the chaos

BOB MIGLANI

Bestselling Author | Change Expert | Keynote Speaker | Leadership Coach

SPEAKING TOPICS:

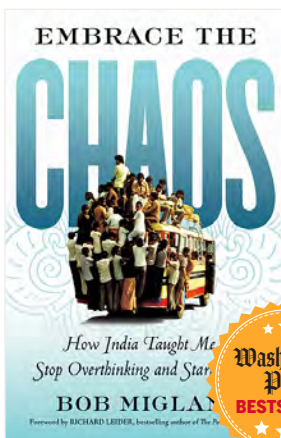
- Calm in Chaos
- Mindfulness in Uncertainty
- Reducing Anxiety & Emotions
- Leading in Chaos



The World Has Changed
Committed to Helping Leaders & Organizations
Move Forward in Change & Chaos

BASED ON BOB'S BESTSELLING BOOK

EMBRACE THE CHAOS



Washington Post
BESTSELLER

CORE PRINCIPLES



- Accept that the world has changed.
- Accept that the only control we have is of ourselves.
- Accept that perfection is an illusion.
- Accept that the power to get through this crisis is up to us.
- We must OWN the change and take personal responsibility.



- We must let go of our past mindset.
- We must create certainty of a new future that will pull us forward through the chaos and change.
- Create a clear vision of the new future.



- We get stuck when we overanalyze and overthink.
- Focusing on WHY it happened is not productive.
- Don't get stuck trying to be perfect during times of change.



- Focus your energy on doing something useful.
- Contribute each day to making someone's life better.
- Create. Participate. Contribute. Engage.

BOOK BOB TODAY: 609-436-0778

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"Bob Miglani is a master at his craft!" - Liz Lucadamo



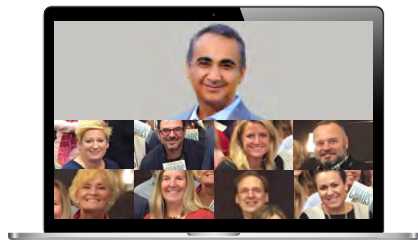
Bob Miglani Bio

Bob Miglani is a Bestselling Author, Keynote Speaker, Leadership Coach and a Global Thought Leader on Personal Change.

With over 23 years of real world experience at one of the largest companies in the world, Pfizer Inc., Bob is a credible, fun, relatable and effective motivational speaker on change and disruption.

Born in poverty in India and growing up in a small town in the U.S., Bob learned the value of hard work as he helped his family run their Dairy Queen store, which became the subject of his first book, Treat Your Customers.

Bob helps people get unstuck and move forward in times of uncertainty, complexity, disruption and speed – by learning how to Embrace the Chaos – his #1 Bestselling Book, which has inspired countless people everywhere.



To Book Bob for a Webinar For Your Remote Team:

Call 609-436-0778
Visit www.BobMiglani.com
Email: bob@bobmiglani.com

You Cannot Control the Chaos. You CAN Control You.

Colleagues are overwhelmed, anxious and stressed from all the change they are seeing and feeling in their work, in business and in life. Chaos has become the new normal.

Through is personal journey – inspiring, instructive and often humorous, Bob shares powerful lessons on how to reduce stress and anxiety, boost mindfulness and engagement and help colleagues move forward in times of great uncertainty and change.

In his live streaming videos or on-demand webinars, Bob shares four core principles we must live each day to get going to be useful in these times. Bringing in relevant examples from his own life and outside world, Bob not only inspires but also provides a blueprint for moving forward.

His core message is:
You Cannot Control the Chaos - You CAN Control you.



"You can adapt to anything - you just don't know it yet." -Bob Miglani



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