Accept & Own It
• Accept that the world has changed.
• Accept that the only control we have is of ourselves.
• Accept that perfection is an illusion.
• Accept that the power to get through this crisis is up to us.
• We must OWN the change and take personal responsibility.

Stop Overthinking
• We get stuck when we overanalyze and overthink.
• Focusing on WHY it happened is not productive.
• Don’t get stuck trying to be perfect during times of change.

Re-Imagine Our Future
• We must let go of our past mindset.
• We must create certainty of a new future that will pull us forward through the chaos and change.
• Create a clear vision of the new future.

Move Forward & Take Action
• Focus your energy on doing something useful.
• Contribute each day to making someone’s life better.

The World Has Changed
Committed to Helping Leaders & Organizations
Move Forward in Change & Chaos

Based on Bob’s Bestselling Book

Embrace The Chaos
MOVING FORWARD IN CHANGE & UNCERTAINTY

CORE PRINCIPLES
Bob Miglani Bio

**Bob Miglani is a Bestselling Author, Keynote Speaker, Leadership Coach and a Global Thought Leader on Personal Change.**

With over 23 years of real world experience at one of the largest companies in the world, Pfizer Inc., Bob is a credible, fun, relatable and effective motivational speaker on change and disruption.

Born in poverty in India and growing up in a small town in the U.S., Bob learned the value of hard work as he helped his family run their Dairy Queen store, which became the subject of his first book, Treat Your Customers.

Bob helps people get unstuck and move forward in times of uncertainty, complexity, disruption and speed – by learning how to Embrace the Chaos – his #1 Bestselling Book, which has inspired countless people everywhere.

**You Cannot Control the Chaos. You CAN Control You.**

Colleagues are overwhelmed, anxious and stressed from all the change they are seeing and feeling in their work, in business and in life. Chaos has become the new normal.

Through is personal journey – inspiring, instructive and often humorous, Bob shares powerful lessons on how to reduce stress and anxiety, boost mindfulness and engagement and help colleagues move forward in times of great uncertainty and change.

In his live streaming videos or on-demand webinars, Bob shares four core principles we must live each day to get going to be useful in these times. Bringing in relevant examples from his own life and outside world, Bob not only inspires but also provides a blueprint for moving forward.

His core message is:

You Cannot Control the Chaos - You CAN Control you.

To Book Bob for a Webinar for Your Remote Team:

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